

USAPL South Carolina State Record Request Form

1. This form must be completed and sent to the USAPL South Carolina State Chairperson in order to claim a USAPL South Carolina State Record.
2. Records can be set in other states as long as the lifter is a registered South Carolina member of the USAPL.
3. State records can only be set by lifters who have weighed in no more than two hours before their first lift.

Division: Teen 14-15 Teen 16-17 Teen 18-19 Junior Open Master 40-44
 Master 45-49 Master 50-54 Master55-59 Master 60-65 Master 65+

Sex: Male / Female Weight Class: _____ / _____ lb/kg
Age: _____ Date of birth: ____ / ____ / _____

Name : _____

Competition Name: _____

Date of Competition: _____

LIFT (Squat / Bench / Deadlift / Total)	Kilograms	Pounds (kg x 2.2046)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

By signing below, I, as the Meet Director, confirm that this athlete:

- Is a registered South Carolina member of the USAPL
- Participated in the 2 hour weigh in of my meet
- Is of the correct age for his/her division
- Successfully completed the lifts/total which the athlete claimed above.

Meet Director's Signature: _____ Date: _____

Please send to:
Regina Hackney
5317 Albert Street
North Charleston, SC 29418